

Natasha Elliott

Cornwall, Ontario

613-362-2918

natty@hotmail.com

Born: June 26, 1978

Education: B.Sc. Finance - Coastal Carolina University, South Carolina

Citizenship: Canadian

Bio

Natasha attended university on a track scholarship. She was a 1500 meter runner. Unfortunately, she was plagued by injuries and stress fractures in her legs and hips. After completing her education in 2002, Natasha returned to sport, this time in Triathlon. She was very successful and attended the World Championships for her age group in New Zealand and Madeira (Spain). Her past sports injuries persuaded her to focus her attention on her new-found athleticism – cycling. She began cycling in 2004 and found her love to compete and race at an Elite level.

Not long after starting to compete in road bike races, Natasha discovered the sport of Cyclocross. Cyclocross allowed her to run and cycle. In her second year of cross racing, Natasha moved up the ranks to 34th in the World in UCI points, came third twice at the Gloucester, Massachusetts Grand Prix (New England Worlds), rode to an impressive 26th place at the World Cup in Hofstade, Belgium and managed to qualify to represent Canada at the World Championships in Italy. The following year she was 13th at a World Cup in Nommay, France and won 7 International UCI races across North America. Her highest ranking for the season was 16th in the World. 2009 brought even more success with bigger wins, including the Grand Prix of Gloucester double wins, considered the New England world's of cyclo-cross, the NACT series overall Championship and ranked as high as 13th in the world.

This year, Natasha has retired her position as the office manager at New Balance Sports Store (Ottawa, Ontario) and will be racing and training full-time in hopes of winning the Canadian National Cyclocross Championships, getting a podium at a World Cup and placing top five at World Championships of Cyclo Cross in Germany January, 2011.

Recent Career Highlights

2009 Cyclocross

- 2009 North American Cyclocross Trophy Series Winner (NACT)
- 1st Grand Prix of Gloucester Day 1
- 1st Grand Prix of Gloucester Day 2
- 1st Toronto International Cyclocross Day 1
- 1st Toronto International Cyclocross Day 2
- 1st Magog Cyclo Cross
- 1st Schoolhouse Cyclo Cross Vermont Day 1
- 2nd Schoolhouse Cyclo Cross Vermont Day 2
- 2nd Jim Horner UCI cross race
- 2nd Cycle Smart International Day 1
- 3rd Canadian Cyclo Cross Championships



- 3rd Cycle Smart International Day 2
- 3rd Downeast Cyclocross, New Goucester Day 1 and Day 2

2009 Road

- 1st GP Ste Martine, Quebec
- 1st GP Ste Raymond, Stage 3
- 3rd GP Ste Raymond, Stage 1
- 3rd GP Ste Raymond, Stage 2
- 3rd GP Ste Raymond, GC (overall)
- 4th Tour of the Battenkill, NY

2008/09 Cyclocross

- 1st KTR Michigan Double Cross UCI (Day 1)
- 1st KTR Michigan Double Cross UCI (Day 2)
- 1st Mad Cross 1 UCI, Sunprairie, Wisconsin
- 1st Mad Cross 2 UCI, Sunprairie, Wisconsin
- 1st Cycle Smart Race UCI, Northampton, MA
- 1st Toronto International UCI race, day 1, Canada
- 1st Toronto International UCI race, day 2, Canada
- 2nd Rhode Island UCI cross race, day 1
- 2nd Rhode Island UCI cross race, day 2
- 2nd Cycle Smart Race UCI, day 2, Northampton, MA
- 3rd International Super Cup Cross Race, UCI, Southampton, NY
- 5th GP Hotel Threeland, Luxemburg
- 13th World Cup, Nommay, France
- 21st World Championships, Hoogerheide, Netherlands

2008 Road

- 1st Milford O-Cup, Ontario
- 1st Ottawa Valley Paris-Roubaix, Ontario
- 2nd Niagara O-Cup, Ontario
- 2nd Tour de White Rock Hill Climb, British Columbia
- 3rd Calabogie O-Cup, Ontario
- 3rd QOM Tour de Leelanau, Michigan (guest rider for Team Giant-Michigan)
- 3rd Tour de White Rock Omnium, British Columbia
- 4th Tour of the Battenkill, New York
- 4th Jiminy Peaks, Massachusetts
- 5th Canadian National Criterium Championships, Quebec
- 7th Giro de Burnaby, British Columbia
- 7th Tour de White Rock Road Race, British Columbia
- 10th Tour de Leelanau, Michigan (guest rider for Team Giant-Michigan)
- 12th Canadian National Road Championships, Quebec

2007 Cyclocross

UCI 2007/2008 Ranking – 34th Elite Women

Selected and Qualified for 2008 Canadian Team at World Championships in Italy

- 1st Magog Coupe de Québec
- 2nd Toronto International Pro-Am Cyclocross (Day 1)
- 3rd Toronto International Pro-Am Cyclocross (Day 2)
- 3rd Grand Prix of Gloucester (Day 1)
- 3rd Grand Prix of Gloucester (Day 2)
- 4th Chainbiter 9.0
- 4th W.E. Steadman Grand Prix
- 13th International Cyclocross Huijbergen (Netherlands)
- 13th Sheldecross Antwerpen (Belgium)
- 15th Grand Prix Montferland Zeddum (Netherlands)
- 26th UCI World Cup Cyclocross Hofstade (Belgium)

2007 Road

- 1st Ontario Provincial Criterium Championships
- 1st Grand Prix Ste-Martine, Quebec
- 1st Grand Prix Brossard, Quebec
- 1st Brockville Road Race for Habitat
- 7th Canadian National Criterium

10th Canadian National Time Trial Championships

Interviews

Jan. 2008, Pedal Magazine (www.pedalmag.com/index.php?module=section&action=viewdetail&item_id=12413)

Oct. 2007, Cycling News (www.cyclingnews.com/cross.php?id=cross/2007/oct07/gloucester071)

Oct. 2007, Cycling News(www.cyclingnews.com/cross.php?id=cross/2007/oct07/gloucester072)

Current Goals

Win 2010 Canadian Cyclocross Nationals

Top 5 2011 World Cyclocross Championships

Medal 2012 World Cyclocross Championships

Be a positive role model for the younger generations entering the sport of cycling

Support the growth and development of young women in the sport of cycling

Other Athletic Endeavors

1997-2002 Coastal Carolina, Track and Cross Country Scholarship

2003.2004 Canadian National Triathlon Team (age group)

12th place in New Zealand (2004)

17th place in Madeira (2005)

2007 Member of The Cyclery Road Team and Stevens Cross (cyclocross)

2008 Member of EMD Serono/Stevens Cycling Team

2009 Member of Specialized/Madza/Samson Women's Cycling Team

2009-10 Member of Garneau Club Chaussures

Motto

Love to ride and "rip the pedals off the crank"

Reference

Dan Proulx Elite Wave Coaching

Dan@elitewave.com