

DESIGNED
ON YOUR
BODY
PRO



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1 CENTRAL CHANNEL

the result of extensive biomechanic studies on saddle positioning and on the structure of the human pelvis, it is distributed over the whole length of the saddle, from the rear to the tip. Whatever the position assumed by the cyclist, it avoids compression of the perineal structures, preventing on the one hand the risk of vein, artery and capillary occlusion (erectile dysfunction, anorgasmia and urination difficulties), and on the other hand, the occurrence of nerve injury (among the most common being tingling and numbness).

3 REAR DEPRESSION

protects the coccyx from bruises and shocks caused by the roughness of the terrain.

5 SITTING POSITION

is shared between the buttocks, the ischial tuberosities and the high branch of the ischium.

Depending on its anatomical configuration you can choose from 15 different configurations of shape and padding.



The logo for Selle SMP, featuring the word "SELLE" in a small, white, sans-serif font above the word "SMP" in a large, white, stylized, italicized font, all contained within a red rectangular background.

SELLE
SMP

A close-up photograph of a white carbon fiber bicycle saddle. The saddle is curved and has the text "carbon Lite" written in red on its side. At the front tip, there is a red graphic of an eagle's beak. The saddle is set against a dark grey background.

carbon Lite

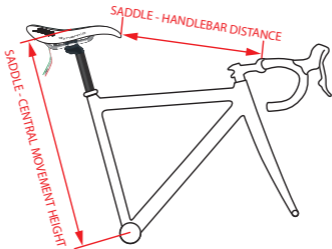
2 "EAGLE BEAK" TIP

designed to allow the rider to adopt even extremely low positions on the handlebars that involve an increased prone rotation of the pelvis, comfortably and without crushing of the uro-genital area. The exclusive shape of the nose also constitutes an ideal support base for the classic "thrust" style of pedalling.

4 FRAME LENGTH

the saddle is by far the part that most influences the cycling position. The SMP saddle seat tube offers the widest adjustment range and allows any person to find the perfect forward/backward saddle positioning, like on a made to measure bike.

100% Handmade in Italy
CERTIFIED



3 • LEVELLING

Using a level, adjust tilt using the clamp so that the saddle is horizontal.

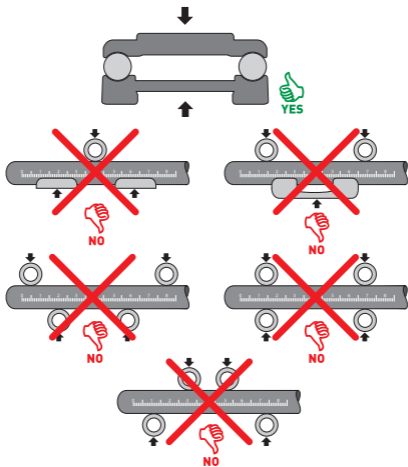


4 • FINE ADJUSTMENT (ROAD TEST)

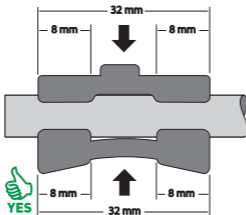
Once the saddle is positioned following the previous instructions, use an Allen key on the clamp to make fine adjustments to how the saddle “feels” until you find your perfect balance on the saddle and the right compromise between the saddle pillar and ischial tuberosities.

The saddle nose tilt can be adjusted between + 10 and - 25 mm

3. the jaws should have the same external surface shape as the saddle frame to correctly fit with a wide contact surface.



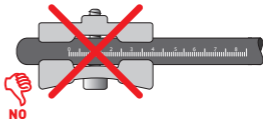
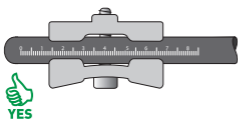
4. the contact area between the pillar and the saddle frame should not be under 8 cm²
5. the jaws should connect with the saddle frame for a minimum length of 32 mm



6. the coupling surfaces with the saddle frame should be symmetrical and parallel



7. the jaws should not cause deformation or damage to the saddle frame
8. the pillar jaws should not protrude beyond the graphed area

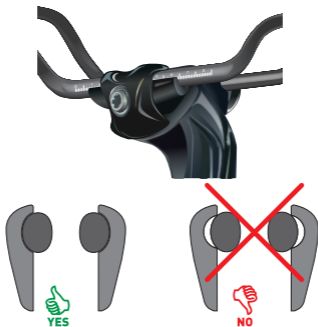


- the closing torque recommended by the pillar manufacturer must be strictly abided by
- the pillar must meet UNI EN 14781 European standards - Racing bicycle - Test requirements and methods and UNI EN 14766 - Mountain bike - Safety requirements and test methods

ADDITIONAL PILLAR REQUIREMENTS

For saddles with carbon fibre chassis (Full Carbon and CRB versions)

- If a lateral clamp pillar is used, we recommend using jaws with a range and profile suited to house the carbon fibre saddle frame with 7.1 x 9.6 mm.



For further information, please refer to the pillar manufacturer's instructions.

MAINTENANCE AND CHECKS

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Any small imperfections in your SMP saddle are the best guarantee that it is a product finished by hand with great care. Surface alterations or colour loss, even with limited use, should be considered natural due to use and exposure to the elements. Particular types of sweat and anti-irritant creams could ruin the lining.

GB

LINING MAINTENANCE

- Clean using a damp chamois cloth or products recommended by Selle SMP.
- Do not use detergents or pressurised water jets.
- To improve resistance to rubbing, prolong the life and protect the lining of your saddle while promoting cleanliness, we recommend the periodic use of SMP Saddle Leather Wipes.

Failure to follow these instructions could damage saddle lining.

SAFETY CHECKS

- Periodically check that the pillar lock has not “loosened”, tighten it when necessary;
- Periodically check that there is no movement/play between the “fork” (metal frame) and the “body” (plastic frame). If there is movement do not use the saddle and consult your local Selle SMP dealer;
- If the saddle makes noise, try to eliminate it by carefully cleaning and lubricating the couplings with the pillar;
- Check that there are no obvious signs of damage on the saddle. If so, do not use it;

- Check that the carbon parts are not broken. If so, do not use (slight signs of wear or bubbles on the external transparent paint do not compromise product safety or functions).

LIMITATIONS OF USE

SMP saddles are the most technically and clinically advanced saddles available on the market.

However, tampering with or improperly using any type of saddle is not advisable since this could cause damage, even after short use.

Given the type of product, its working life is mainly determined by the conditions of use. Kilometres covered, roads, atmospheric and climate conditions, the user's physical and bio-dynamic characteristics are the main factors that determine longer or shorter service life. Regardless of its state of wear and tear, we recommend you replace the product after 15,000/20,000 km of use.

Regardless of the intensity of use, the saddle must be replaced whenever certain or suspected damage is discovered.

WARNINGS

ATTENTION

Always use great care and attention when installing this Selle SMP product on your bicycle and follow the attached instructions carefully;

- incorrect installation can be dangerous for your health;
- use this Selle SMP product if you are in good physical and mental health;
- never use this Selle SMP product negligently;
- you are responsible for your safety and the safety of others when you use this Selle SMP product.

GENERAL WARNINGS

The user of this Selle SMP Product recognises and accepts all risks associated with conducting a means of transport which include, among other things, the risk of breakage of the saddle which could cause accidents and may result in serious injury or death.

By using this product, the user freely consents to admit and accept all risks, known and unknown, of bodily injury, and death to themselves and to third parties caused by the use of the saddle, including those resulting from active or passive negligence by Selle SMP or of hidden product defects, latent or evident.

The risks inherent in the use of this product can be greatly reduced by following the reference guide - user manual - attached to the product.

The user also agrees to relieve Selle SMP and its distributors and resellers from any responsibility for any eventual damage, to the extent permitted by law.

SAFETY

As lovers of cycling we are convinced that this is one of the world's most beautiful sports, however we should always be aware that we expose ourselves to some dangers, maybe even mortal in nature. Dangers linked to the Selle SMP product:

- injury to the perineal structures;
- injury caused by impact and compression with elements/parts of the saddle;
- damage to the plastic frame and/or the metal frame, with the formation of sharp edges and points, following collisions and/or falls;
- decoupling of the saddle from the frame attachment system (e.g. pillar);
- carbon saddles like all other carbon components used in bicycles, entail greater risks if used for mountain biking.

This list of dangers cannot be complete. The basic rules for the use of this product correspond to those of common sense. The hazards can be reduced if the product is installed, used and maintained following the instructions contained in this manual.



**SELLE
SMP**

**Devised in Italy,
Made only in Italy,
sold all over the world**



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